

KARMMARG

Newsletter-July to September



Greetings from Karm Marg

Covid 19 has disrupted our daily lives. This quarter was a little difficult for all of us at karm marg. Schools are closed for last few months. Though children are not going out but they continue to be engaged in many indoor activities including learning through different Platforms.

We are facing few challenges since schools are closed due To covid 19.

Children have no contact with the outside world apart from online classes. Due to this children are going through mental and emotional health issue like feeling bored, being lazy and showing no interest in day-to-day activities. We are conducting regular group counselling, engaging them in discussion and working solution along with children to combat this. Additionally, we are also conducting one to one counselling sessions so that all children stay emotionally and mentally fit. We are fortunate to be inside big open campus at this point of time as most of the children homes don't have open space and compact residence facility like running home in the apartment. KM Children are able to breathe fresh air and play in the campus. This is good for our children's overall emotional and mental health. We are getting children engaged in many outdoor activities for their physical and mental wellbeing. Presently they are involved in cooking, gardening, growing veggies, yoga, sports, dancing etc. This would not have been possible without the support of our team members who worked 24*7 to ensure mental. Physical and emotional health of all our children. We are so proud of our team.

QUARTERLY HIGHLIGHTS CHALLENGES DUE TO COVID 19

SUCCESS STORY OF VISHAL

DONORS OF THIS QUARTER

NEWS AT HOME

ONLINE EDUCATION AND LEARNING

HEALTH CARE

LEARNING INSIDE HOME

FESTIVALS AND CELEBRATION

JUGAAD

SNEAK PEAK INTO KARM MARG

One of the boundary walls of the campus collapsed again during this rainy season and its big safety threat for our children. Once again **"Foundation Somfy"** came to rescue us and funded to reconstruct the boundary wall. We all are so grateful to **Rajiv Lochan & Defrasne Vincent** for their constant support Additional Computers were installed for children for online classes with the help of **Foundation Somfy** in the month of July



SUCCESS STORY

Vishal (Name Changed) has been living with us since 2013, he was then seven years old. He was a missing child and came to KarmMarg by child welfare committee, Faridabad. He has been a shy child since the beginning and would avoid talking and mixing with other kids. After sometime he started going to school. Initially he faced difficulties and got humiliated in the School because he was not able to speak properly. Vishal slowly overcame all the difficulties with the help of regular counseling and presently he is able to manage all his work is sincere, takes initiatives and love exploring and learning new things. His present passion is learning coding, website designing and App designing along with other activities. He is an example for other children. We wish him a great future ahead

DONORS OF THIS QUARTER

We are very thankful to all our donors and supporter who helped us in this difficult time. International Donors:

The Rug Company, Scomi, Suryansh Chandra, Joanna Van Gruisen

National Donors:

Mahima Mehra, Rajiv Lal, Girish Narang, Ravi Shankar Kaushik, Haldirams, Jugmug Food Studio Pvt Ltd 7, Himani Kanwal Joseph, Ashwin Naranji, Indu Hari Kumar, Kiran Aggarwal, Innerwheel Club of Delhi Midwest Akshay Mohan Sethi, Meera Goradia, Vandana, MBL Bhargava, Sujata Visaria

News at Home

KM beneficiaries at a glance

		Girls	Boy	Total no of children
			S	
1	At KarmMarg	18	20	38
2	New children short stay	03	07	10
3	New children Permanent stay	00	00	00
4	Children restored with their Family	01	06	07
5	Ran away			and the second
1	Total no of children stayed at home			55
-		1000		
	Computer Learning	17	23	40
	Skill training at Jugaad	1000		
1	Young adults under Skill Training at Jugaad (Full Time	04		04
2	Bakery	04	02	06
	Total Beneficiaries			105





Online Education and Learning

All the Children & Young Adults including differently-abled are enjoying ongoing Science and Math classes which are being conducted by;

Aavishkaar : < https://www.facebook.com/AavishkaarPalampur>

and funded by Empower < https://www.facebook.com/empowerweb.>

They are now aware of numbers, addition, subtraction, multiplication, division, area, whole Square and Pascal triangle. Young adults are also helping other kids of nearby villages in understanding math and science. They create new games and ideas to make math and science fun learning for other children. The long-term commitment with adore India is going well. They are helping our kids in written and spoken English for the past four months. Children are now more fluent and confident while interacting with each other and with their teacher. Presently forty children are attending English classes. We are thankful to Volunteers of Adore India for this. Children are excited regarding learning French. French Class has been going on for last four months. Total seven children are attending classes. These children also help small kids to learn basics of French language.



Children now know A to Z, Verbs, Time, Body parts, Clothes name, Sentence making Greetings, Counting, Months Name, Week Name, Vegetables and Fruit names. We are very thankful to Mahima Chutani for giving her precious time to teach our kids.

Hanish and Angy are teaching Python to our eight kids for one year. We appreciate their dedication and patience. These eight kids are now helping other ten children learn coding. They have learnt Python, Function, Dictionary, List, Concatenation, Reversing, String If, Else, Inserting date in database and etc Red Rose Public School Conducted eight days workshop in August which had sixteen sessions. This was

introduced by Mahima Chutani (French Teacher). Workshops happened on Tattoo designing, Puzzle & Riddles, Tongue twister, Paper Jewelry and Standup comedy.

It was a fun workshop for the Children since students of Red Rose School conducted. Children openly shared all issues and challenges. Children thoroughly enjoyed the workshop. We plan to conduct more workshops like this in future



Eight Kids and three Young adults participated in a workshop conducted by ArtreachIndia < https://www.facebook.com/artreachindia > through artist Lucy Designed in July 2020. Children enjoyed learning from the workshop. Children learnt Charcoal Painting, Live art, Color combination and Shading. Presently ten children are taking classes. Group of eight teenager boys have been learning and practicing stunts from past two months from YouTube. They are regular with their practice. Sidharth and Pooja took initiative and started computer classes for our differently abled adults and small children on every Sunday. Our special children are enjoying these classes. Pooja & Shabila our core team member also started online English class to improve their spoken English & vocabulary. Meeta Mastani (Jugaad Trustee)

https://www.bindaasunlimited.com/meeta-mastaniand her Mother is become their mentor and started teaching them online. We are so thrilled to see Shabila try to speak in English with the Buyers. A big hug for Mastnai for always supporting us.



Our Bakery unit reopen again and Shama, Nargish & Bharat started practising Bakery on daily basis along with three more children, and baking some delicious baked matthi, Naan Khathi, cookies and special cookies for our four legged family member and our doggies loved it. We are reached out to one local shop to sell our cookies at their shop and they are happy to help us so in coming month will try to sell it there. Young adult see it as a great opportunity to learn and take it up as a future job.





Healthcare Update

Children checkup was done by the local Primary healthcare center, Kheri kalan during Covid -19. All children are well. Differently abled children and young adults are sometimes mentally stressed since office team is not able to dedicated required time as they are busy with other children to look after because regular schools are closed. Professional counselling and medical help are getting arranged for them so that they are emotional and mental health fit.

Festivals and Celebrations at Home

This quarter we celebrated Eid, Raksha Bandhan, Independence Day with homemade mithai, Rakhis with Fun and Laughter





Learning insideHome

After many years of hard work, giving lots of awareness and practising on field our children are aware of environment issue and benefit of growing their own veggies, fruit, segregation of waste and producing less waste, in result they practise it on daily basis with very less supervision. They always curious about to know more about environment issue how big it is ans what solution for this. They also take interest in watching watch movie based on environment and animal issue. They are learned and practice how to grow their own vegetables. They also planting trees, and taking care of them. We are thrilled to announce that this session we harvested Mangoes, Jamun, Guava, Banana, Kathal and sessional vegetables from our garden. Children are relishing the fruits of their labor. All are excited and happy to eat their own grown vegetables and fruits.

Jugaad

Jugaad Shop has reopened in July. Sale was down in the beginning but slowly people started visiting in the shop in the month of August. We are hopeful that the sale will pick up as the festive seasons start. Women and Young adults of Jugaad started making Rakis and we were able to generate some business through social media marketing platforms.

Masks making is still continuing and we are selling it through our shop and social media. We also distributed masks amongst migrant workers in our locality and through this we supported our women as well. Young adults and women are getting involved to start new design and production line





