



KARM MARG

| Newsletter : April- June 2016|



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REGISTRATION NO: S 31258
19t May 1997
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Donate online:

[https://www.globalgiving.org/
projects/support-a-home-for-
destitute-children-in-india/](https://www.globalgiving.org/projects/support-a-home-for-destitute-children-in-india/)



This quarter we'd like to share the story of our ever-smiling Anamika.

Anamika came to us from an adoption agency in March of 2002 when she was just 11 years. Owing to her being a slow learner, the possibility of her adoption were extremely limited.

Settling in well at Karm Marg, she blossomed into a very affectionate and caring young lady. She retains her childlike innocence which makes her very lovable. She has a very cheerful personality and is very sensitive to all. Shy with outsiders, she prefers to stay in the background doing the work assigned to her. Very fond of dressing up, she loves to be a part of all the group activities.

Along with the other special needs youngsters, Anamika attended Shaurya Centre for Special Needs youth in Delhi. Her interest in cooking and baking has now led her to complete her three year training there successfully.

She is now 25 and is employed as a Kitchen Assistant at Karm Marg as we felt that sheltered employment would be in her best interest. She is working very responsibly and is happy to be earning her own money. She enjoys baking too and we are planning on starting a baking product line which she can work on and we can help market.



KM Beneficiaries at a glance

		Girls	Boys	Total No. of Children
1	At Karm Marg	25	21	46
2	New children -Short stay			4
3	New children- Permanent stay			1
4	Children restored with their families			7
5	Young adults under Skill Training at Jugaad (Full Time)	5	2	7
6	Young adults under Skill Training at Jugaad (Part Time)	7	2	9
7	Young adults in job training or placements outside KM		4	4
8	Total Number of Direct Beneficiaries			63
9	Total Number of Indirect Beneficiaries Library Project - 100 Youth Outreach Project- 80			180

Main highlights this quarter!

This quarter is usually accompanied by the heat of the summer. Summer holidays, excursions and workshops are what keep the children excited and productively occupied.

This year we provided an opportunity to our children to go to other NGOs for an exposure visit and understand different ways of learning. We organised a separate trip for the smaller children to visit the NGO Aavishkar in Himachal Pradesh.



There they explored learning Science and Maths through innovative and creative games, stories and practical experiments. It was a whole new concept of learning and the kids really enjoyed the interactions immensely. They came back with a lot of enthusiasm and ideas to apply to their current study patterns.

For the young adults, we organised an sort of an exchange program to NYC(Space for Nurturing Creativity in Uttarakhand. It required quite a journey in the bus after a stop over at Rishikesh and then an hour's trek uphill on foot. That journey itself gave all them them a time to bond and have fun with each other and the staff that accompanied them. NYC is run in a totally different way. There are 25 children staying there

with a lady called Archana. It's a self sufficient way of life in a remote village. No one goes to school, they learn everything at their own home. Music, dance, yoga, cooking and craft are some of the areas they excel in. The children are all self motivated to practice the skill they enjoy on their own everyday without any prompting from the staff.

Our children were also very impressed with the whole concept and liked starting their day early with meditation and yoga. They have been replicating this throughout the rest of the summer holiday and have also been going for walks everyday at 6 am with Shabila, our alumni and staff member.

The whole idea behind this visit was to observe, absorb and adopt similar ways of working, discipline, time management, daily routine and how to manage all the challenges while maximising output with minimum resources. We feel this exchange has been really a huge eye opener for all the youngsters and the accompanying staff members.

While there, a series of workshops were also introduced by our talented in house KM team to all their children and staff. Jewellery making out of cloth, stitching bags form old cloth pieces, paper bag making and wall mural art were some of the in-house workshops that kept everyone creatively and productively occupied. This exchange of ideas and skills have been mutually beneficial for all children. Knowing that they too have skills they can teach and be appreciated for, has been a great morale booster for our youth.

Stories from Karm Gaon

Karm Marg has always prided itself on being based on community learning and sharing. All the children and staff share with each other what they learn and know. Here are some activities which they shared with each other this summer.



In the month of June, Kulsum, Sapna and Shama Parveen, our youngsters who are good in science, maths and english have conducted workshops for the younger kids on these topics. The younger children found it very useful and informative.

Deepak our alumni who has just graduated from Modi School of Art this year along with Rihana (alumni and now KM staff) conducted craft and drawing workshops for all the children who were interested.

Shabila organised a natural homemade soap making workshop. She used easily available and natural ingredients like neem, tulsi, lemon and multani mitti. Each child had a great time making a soap for themselves. Along the way they were also told why other commercially made chemical soaps are harmful for their body.



Our children also went for 'Khel Khel Main' workshop organized by Art Reach. They had a great time exploring pottery and clay art as a medium.



Our small kids went to Kisaan Bhawan in Faridabad to attend a three day storytelling workshop



Deepak worked hard and graduated from Modinagar College of Art with Distinction



PVR Nest treated all our kids to a Bollywood movie Dhanak and snacks

NGO Adhyayan's visit to KM

Other Workshops

Ten of our creative children went to Creative Adda at Dariyaganj to participate in Dhamaal Chawkdii peer to peer learning program under the guidance of Shikshantar, Udaipur. Our children got to chance to explore so many different craft, science, music and other workshops. Kabaad se jugaad, Jewellery making, candle making, Solar panel were their favourite. Our very own Rihana and Shama conducted peer learning workshop of Jalkumbhi where they taught how to make jewellery and mats with the help of jalkhumbi (weed).

New learning

(Project started in this quarter)

Five musically inclined children have joined music classed at Faridabad. They are learning how to play the guitar, flute and keyboard.

8 young adults have been auditioned and selected to join a dance class run by Himani who is a dancer and runs a dance studio in Faridabad.



Every month we celebrate those children's birthdays that fall in that month as part of the project supported lovingly by our friend Meeta called '**Mazedaar Meals**'; where donors donate to celebrate their special occasions or just pay for a meal for all our children.

We are really grateful to Meeta, all her friends and other Karm Marg well wishers who have generously contributed for this.

Training, Job Placement and Rehabilitation

Vipin, Govinda and Iqbal have got an opportunity to receive training in the Radisson Blue hotel in areas of Services and Kitchen for six weeks.

Government interactions

We have been attending various meetings, training programs organised by the Government and CWC agencies.

The Central Govt Team from NCPCR (National Commission for Protection of Child Right) came to KM with the director of WCD to check our working manual and related documents.

Officials from CWC Faridabad, WCD, Child Line, DCPU and Shakti Vahini were satisfied after checking all our documents. They appreciated our efforts and also gave us an appreciation letter for our work.

Our 'Library Project' for local primary schools is also going well. We continue our weekly four hour session of storytelling and craft followed by the children borrowing books as per their interest and returning it back after reading it.

Youth Outreach Project (for local government schools)



In the first week of May Karm Marg organized a 'Life Skills' workshop at the Senior Secondary Government school in Kheri Kalan, Faridabad. Conducted by our partners Modicare we've started with class 11s. Many relevant and necessary topics were discussed in the workshop like peer pressure, life skills, HIV/AIDS, and personal hygiene. The youngsters were very attentive. There were many participative and interactive discussions. The feedback from them was very encouraging as they said they understood each topic very well and welcomed many more such workshops.

Science workshop by Agastya Foundation



Takeaway from the Exposure trip to NYC
Meditation and yoga to begin the day!

Children's Monthly Meeting

This year we are needing to raise funds owing to various expenses on infrastructure, hiring extra staff in accordance to the Juvenile Justice Act. With a decrease in Jugaad sales and some grants that have also reduced due to unforeseen circumstances and some like Global Fund for Children that have completed their maximum funding time for a project, 7 years in our case...raising funds has become a priority this year. Here are the options listed below...No amount is too small!!

It would also be great if you can share the attached brochure with your friends and family. You can donate online, send us cash or a cheque!

<https://www.globalgiving.org/projects/support-a-home-for-destitute-children-in-india/>

Sponsorship options for people with different interests, passions and pockets!

* Pre-reservation of seat in Heaven..Full year sponsorship for one child!!!: Rs. 30,000

* Foodies Fun! Yearly Nutritional needs: Rs. 15,000

* Degree Lovers Delight! Yearly Education expenses: Rs. 15,000

* Health Freaks! Yearly Medical expenses: Rs. 5,000

*Animal (Lovers) Anonymous! One animal's yearly expense: Rs.10,000

* Sacrificing Saint!! Skip a drink, smoke, meal, movie, gift and donate instead!!!

Monthly Sponsorship For ONE Child:

Milk: Rs. 250 | Fruits&Veg: Rs. 500 | Education: Rs.1,000 | Vocational Training: Rs. 1,500

* Birthday, Anniversary and Memorial Junkies!!

Sponsor ONE regular meal for ALL the children: Rs. 3,000

Help us do the math and total up your brownie points!!

I would like to contribute Rs. to Karm Marg.

Name:

Phone number:

Mailing Address: (For receipt and 80G tax exemption certificate) :

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Email address:Pan Card number:

Cash/Cheque Amount :

(Please make the cheque in favour of 'Karm Marg'):

Cheque No. and Bank:

Signed:-

Date: