

# KARM MARG QUARTERLY NEWSLETTER OCT- DEC 2024



As we step into 2025, we would like to take this opportunity to wish you all a very Happy New Year! We hope this year brings an abundance of joy, success, and prosperity into your lives. We also extend our warmest wishes to our founders, supporters, and friends, hoping the year ahead is filled with happiness and fulfilment.



## Story of resilience

Rishi(Name changed), an 11-year-old boy who cannot speak or hear, was found alone on the streets of Faridabad by Childline and later brought to Karm Marg by the Child Welfare Committee, seeking safety and care. Despite his challenges, Rishi's spirit is incredibly vibrant.



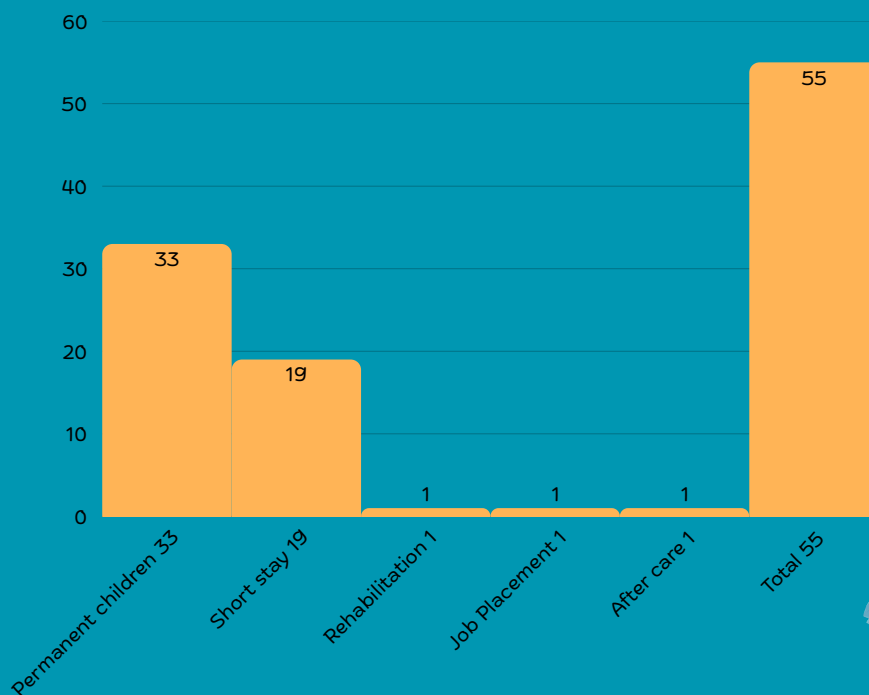
He radiates joy and intelligence , and has quickly adapted to his new environment.

In just four months, he learned all the alphabets in sign language and began managing a special needs class with remarkable skill.

Rishi's life took a remarkable turn when he joined the Karm Marg frisbee team.

The sport has been a revelation for him, allowing him to connect with others and excel in new ways. His progress has been astounding, leading him to compete in a frisbee tournament in Lucknow, where he made a meaningful impact.

### Beneficiaries of the quarter



## Key takeaways from the quarter

**Job Placement** : It is with great pleasure we share the news of Nargis' new role as Frisbee coach with Y Ultimate. She is also loving her newfound independence. .

**Training** : Tushar is Learning Digital marketing in Market Xcel .

## SCOMI Visit to KM

Karm Marg's long-term donors from SCOMI visited us for a week, and it was truly heartwarming to reconnect with them. They spent quality time with children, engaging in various sports, including Frisbee and Chess, and even introduced a special game from Netherlands.



Heartfelt thanks to our generous donors and supporters. Your kindness and commitment make a lasting impact, and we are truly grateful for your continued faith in us.



## Bharatpur Bird Sanctuary Visit

Our bird sanctuary visit was a huge hit with the children. They enjoyed spotting birds, deer and soaking up the natural beauty. The visit was capped off with a yummy lunch.

A big thank you to Mountain Adventure & Albatross Travel for organizing this wonderful and educational experience for the kids.



## Sanjhi Khushi Children's Favorite Festival of the Year

On December 22nd, the children's most awaited festival took place, and it wouldn't have been possible without our wonderful Tanushree Didi. She works tirelessly every year to bring this joy to the children's faces.

This year, 600 children joined in the celebration, with volunteers setting up stalls for games, clothes, gifts, and more. The day was filled with fun and feasting as the children enjoyed the sumptuous spread of delicious food. .

A heartfelt thank you to Tanushree Didi for making this festival a memorable experience for everyone!





## AHAM Festival

The **AHAM** Festival, organized by Shubham, a Dance Movement Therapy (DMT) practitioner and Kathak teacher for KM children, was a two-day celebration dedicated to mental well-being and self-celebration. During the event, the KM children showcased their Kathak performances, and Jugaad also had a stall. The festival was filled with various therapeutic activities, such as painting therapy, knitting, and clay therapy, creating a truly enriching experience for everyone involved.



## Workshop On Good Touch and Bad Touch

Tanushree Didi conducted a workshop on 'Good Touch and Bad Touch' for younger children. The workshop was essential to raise their awareness and understanding on this topic. She conducted the session through storytelling to emphasize its importance. Twenty children attended the session.



## Staff Training

- Pooja and Rachna attended the Empower Learning Journey workshop on 14th and 15th October 2024. The purpose of the two-day Learning Exchange program was to better understand the EMpower team and their areas of work, as well as to meet other grantee partners. This Learning Exchange was specifically organized for EMpower's partners in Uttar Pradesh and Delhi.
- Pooja attended a workshop on Safety and Risk Reduction for Vulnerable Children, organized by the District Child Protection Unit, Faridabad. The participants were sensitized about LGBTQ+, POCSO, HIV/AIDS. It was a great learning experience for everyone...



## Ongoing Program Updates

**Training of Teachers (ToT) Program:** Our children (Simran, Shama, Ankita, and Tushar) are part of the Kolkata Sanved TOT program, learning to become DMT facilitators. In November, they attended a 3-day workshop with Abhass Trust children, where Kolkata Sanved facilitators closely observed and guided them. They learned how to engage children who were distracted by using tools and techniques they had learned earlier. **Dance Movement Therapy (DMT) New Group:** Beside this Program Kolkata Sanved also conducted 3 days of DMT residential workshop with the new children (12 children). They also distributed Certificate of Participation to all the past participants. .

**DMT for specially abled Adults :** DMT classes for specially-abled adults started in September, and it has been the best thing for them. During the first three sessions, it was challenging to bring everyone together and engage them in activities. However, as the sessions progressed, we could clearly see the positive impact on everyone. For example, Ragini started speaking, Raju began participating in movements, and Pappu started enjoying the sessions and attending regularly. All the credit goes to Sarika ji, who steered the process with such grace and patience.



### Ultimate Frisbee:

Frisbee coaching is going well, and we can clearly see leadership skills developing in children like Devraj, Raju, Ankita, and Asif. Alongside Sohan, they are also helping prepare the Karm Marg B team and managing the community children who are attending Frisbee coaching. Currently, 25 children are participating in Frisbee coaching.



# Digital Literacy

**10 children from the community are attending Digital Literacy classes to build their basic computer skills.**

**27 children from Karm Marg have enrolled in Digital Literacy Program.**



## Life skill workshop

**6 from community and 35 children from Karm Marg are taking life skill sessions.**

It has been an insightful experience while engaging with children from community. First of all, it provides a great platform to learn from each other, understand differences, and work with them. Karm Marg offers a space for the children to express themselves, and speak up on matters close to their heart. Additionally, we also sensitize them on issues related to gender equality, mutual respect, managing boundaries and safe space.

## Artreach India

Umesh Ji, an Artreach Teaching Fellow for 2024, has been conducting sessions since October 24. He has been teaching children puppet making, shadow puppetry, and object creation.

Artreach also aims to create an employability platform in the future for children who are particularly interested in art. In the past, two children received job opportunities through the program. Currently, 15 children are participating in this workshop.





# Festivals and Celebration



Diwali



children's Day



Christmas

## Jugaad

Jugaad is doing well and moving forward slowly but steadily. During this festival season, we have set up stalls at various schools and events:

- Bir Exhibition
- AHAM Festival
- Prakriti School
- Eco Savera
- Bangalore
- Shiv Nadar

